



### Instructions

- cut out the tracker and dial.
- poke a hole in the tracker and dial on the dots shown.
- attach dial to tracker with a metal fastener (you'll have to cut the ends of the fastener with a wire cutter so they don't stick out too far).
- the dial will be sticking out of the top of the tracker and slightly out of the bottom so you can easily spin it with one hand while holding the tracker with the other.